

KIDS' OPTIONS

Celebrating the Young Life • June 2013 • July 11, 2013 • Vol 18 no 18 • FREE



To cool for school
 Bye-bye books and hello holidays! Yep this issue we're all about the young, the fun and the funky and we're kicking off with what's hot on the big screen. Both parents and kids alike read the books – one, two, three and four. Then we watched the movie, well the first one at least. And finally! The much anticipated next instalment of Spud is set to hit our big screens. The year is 1991, and Spud Milton's long walk to manhood is still creeping along at an unnervingly slow pace. Approaching the ripe old age of 15 and with still no signs of the much anticipated ball-drop, **Spud** is coming to terms with the fact that he may well be a freak of nature and that his second year at boarding school won't be the breeze he thought it would be. (Opens June 21). Oh what it is to be young! Flip to page 2 and 3 for this winter's hottest kids' trends.

Spud SHENANIGANS

TREND
TAP & TILE

MASSIVE SALE
ON ALL GROHE PRODUCTS

<p>Eurocube Basin Mixer was R1499.90 R1099.90</p>	<p>Eurocube Concealed Mixer Incl In Wall was R1899.90 R1299.90</p>	<p>Minta Square Sink Mixer Now only R999.90</p>
<p>Concetto Basin Mixer was R1199.90 R699.90</p>	<p>Concetto Concealed Mixer Incl Body was R1699.90 R999.90</p>	<p>Minta C Spout Sink Mixer R1100.00</p>

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E. GELZ - WE RESERVE THE RIGHT TO LIMIT QUANTITIES WHILE STOCKS LAST

Just. Push. Pause

Pack up your troubles in your designer kitbags and head for the cape ... or the country. Because a brilliant family break is exactly what you need.



Luscious green lawns at Spier - the perfect spot for a gourmet picnic.

It's right about now that we've got a much needed mid-year break in our sights and can you blame us? We'd happily ditch the traffic, the looming deadlines and the general go-go-go attitude for a laid-back Cape escape at the luxury four star **Spier Wine Estate**. And why not take the kids too? After all, there's plenty on the go to keep them happy. Slipping into the ultimate relaxation mode won't be a problem here. From the moment you get a glimpse of the lush green lawns, village-style buildings and luxury rooms right next to the tranquil Eerste River, any remnants of city stress will have vanished into fresh wineland air. And if that doesn't quite do it, well then cosying up next to a roaring fire with an impressively large glass of wine within easy reach definitely will! While you're there you may as well go all out, right? We're thinking a head and neck massage at Camelot Spa will work wonders on any aching knots, followed by some wine tasting (grape juice tasting for the little ones of course), eagle encounters and a farm tour by Segway (those two-wheeled standing up mobile thingys in case you were wondering). For the kids, there's a treasure trove of activities on the go. Starting with birds

... big beautiful birds of prey at the bird-of-prey rehabilitation centre. Meet Wally the eagle, Sonic the porcupine and many more owls, buzzards, hawks and falcons. And if the weather is kind, there's hours of exploring to be had in the Protea Garden – stay on the lookout for interesting flowers and goggas. Just a heads up ... prepare to be wined and dined to the point of utter foodie nirvana. Eight restaurant does wholesome and delicious food and boy does it do it well! Think about the freshest of fresh farm-to-table eating. Hearty winter-warming meals like rosemary-tied leg of lamb in Shiraz with buttered polenta and pancetta braised cabbage, and roast chicken with caramelised oranges, beans and toasted almond pumpkin. For something more low key, you can pack your own picnic. Just pop by the Eight To Go Deli for your choice cold cuts, farm cheeses, freshly made salads, bread, patés and dips. Or you can pre-book your picnic. Tummy grumbling yet? Ours is! Truth is, we could all do with a quick recharge from the Jozi rat race. And at a mere 20 minutes' drive from Cape Town airport, what's stopping you? For reservations, call 021-809-1100.

Travel essentials

Pack up your troubles in this **Alpha Bravo Knox backpack** in Sahara, R4999 from Tumi. Details: www.tumi.com. And don't forget the sunscreen! **Garnier Ambre Solaire kids' sunscreen**, R142.99 from Clicks. Oh yes, and insect repellent. **Ecokid Bug-a-bug insect repellent**, R150 from Eco Buddies. Details: www.ecobuddies.co.za



Grab your bikes and hit the trails.



Lots to do for the youngsters.

Do you ever get that undeniable country calling? You just can't help it. It's that unmistakable urge to hit the open road and drive until the air is fresh and the hills are rolling. Yes? Well then you're in luck because a mere three hours' drive from Joburg is the quaint country town of Van Reenen and it's here that you'll find the charming **Oaklands Country Manor**. Complete with immaculately kept manor gardens, pristine polo fields, and sweeping Drakensberg mountains, it's difficult to imagine country life any other way. Youngsters will be occupied for hours with the trampoline, tree house, play room, jungle gym, and supervised children's horse rides. There's also a babysitting service. For the busy-bodies,

there's a whole lot to keep you on your toes. From tennis and fly-fishing to horse-riding, hiking and cycling (take your own bike) where you can explore the secret cave paintings and fresh mountain springs. For everyone else who's happy to chill, you can kick back, soak up some sun and watch the usual farm antics unfold. Needless to say whether you're participating or simply surveying, working up an appetite is easy game. Then there's the food ... the fabulous, home-style, unpretentious food. Breakfasts cater for every whim, from the classic fry-up, to brioches, croissants, muffins, jams and compotes. At lunch and dinner you're in for a sumptuous

surprise. Meals depend on which locally sourced/home-grown fresh produce makes its way into the kitchen that day. But expect mouth-watering dishes like Dargle Valley pork eye rib roast or chicken breast with pancetta, mushrooms, asparagus and capers. Yes, you are going to have to resist the urge to devour more than you can manage ... and it will be tough. So pile into the car and hit the road, Jack, because greener pastures are calling, along with fantastic, food, jam-packed days and carefree country living. The only nagging you'll be hearing is 'are we there yet?' For bookings and more info on the fab winter specials call 087-9438-738 or visit www.oaklands.co.za